

You can contact us by phone: **01547 520444 / 01547 520653**

Please post this back to us, or give us a call & we can take down your information.



Knighton & District Community Support – Coronavirus

In light of the latest health advice to self-isolate, if you have symptoms of a cough and/or fever, we are setting up a Community network of people to look out for others.

If you think you might need help/assistance with the following, (please circle)

Food / essential goods shopping (where items are available) **Yes No**

Collection of new prescriptions **Yes No**

I have a dog that needs walking **Yes No**
(It is not always possible to help with this but we will if we can).

Name.....

Phone number.....

Email.....

I am on facebook (please circle) **Yes No**

-----**Cut off this and keep**-----

If you think you can help a neighbour, please complete & put through their door.

This letter has come from your neighbour.

My Name is.....

I live in number.....

My phone number is.....

My email is

I am / am not on Facebook **Yes No**

Coronavirus is contagious. Please take every effort to ensure you are not spreading it. Avoid physical contact (2 metres distance), wash your hands regularly. Items should be left on your doorstep, should you receive any help. IF YOU HAVE SYMPTOMS AND THEY GET WORSE, PHONE THE NHS ON 111

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REGISTERED CHARITY NO. 1064122